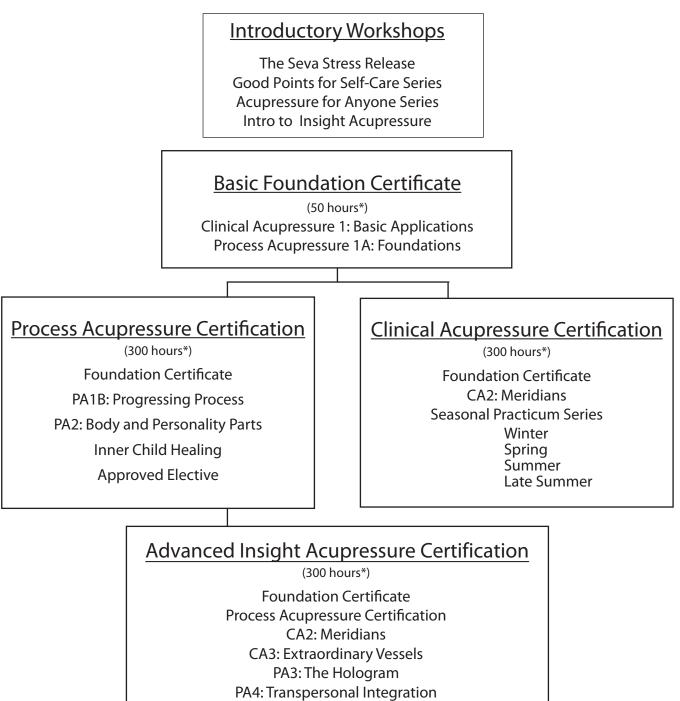
Insight Acupressure For Whole Being Health & Consciousness

Insight Acupressure Curriculum



Approved Elective

* includes class attendance plus additional requirements

Note: Dr Aminah Raheem's original work, Soul Lightening Acupressure, was renamed Insight Acupressure in late 2023 following the dissolution of Soul Lightening International. Her dedicated faculty formed the Insight Acupressure Faculty Alliance, in collaboration with Aminah's family, to continue her legacy with the spirit of her work, by offering the same full curriculum listed above plus some new expansions of her work beginning in 2024.